Sajata Varner is a caring and passionate person who has dedicated her life to helping others. She became a social worker to fulfill her life goal of effecting positive change in the lives of individuals from at-risk populations. Sajata earned a bachelor's degree in Sociology in 2000 and a Master of Social Work degree in 2004 from Southern University at New Orleans, a Historically Black College and University. In addition, she has completed more than 30 hours in the Doctor of Psychology program at California Southern University.

Sajata is a Licensed Clinical Social Worker and Board Approved Clinical Social Worker with 17 years of experience as a public servant for the state of Louisiana. Most of her career, she has provided direct services to individuals with developmental disabilities, severe and persistent mental illness, and substance use disorders, justice-involved youth and individuals experiencing crisis situations.

Currently, Sajata serves in the role of a program manager at Louisiana Department of Health, Office of Behavioral Health where she is responsible for overseeing statewide community-based programs, including the consumer satisfaction and supported employment programs.